

Newsletter

Dunbeath & District Centre



November

Got a nice fill and variety throughout November, something different for everyone.



DUNBEATH & DISTRICT CENTRE
COMMUNITY HEALTH & WELLBEING

IT Class

1:30PM TUESDAY 5TH OF NOVEMBER

WITH HIGHLIFE HIGHLAND'S ADULT LEARNING WE ARE HOSTING A BASICS CLASS ON IPAD, TABLETS & SMARTPHONES

BRING ALONG YOUR CHOSEN SMART DEVICE AND READY YOUR QUESTIONS

Contact Us if you're interested
@DunbeathDC
01593 731335
staff@dunbeathanddistrictcentre.org
www.dunbeathanddistrictcentre.org

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IT Class

The first event of November is our IT Class, we have now moved it, so we can continue it longer despite the darker nights encroaching so we're now doing it of an afternoon

The date for that is Tuesday November 5th at 1:30pm

Adult Oral Health

A visit talking about oral adult health, teeth, gums and available support locally.

We're really excited for this visit to hear about what we can do to keep on top of things

This is on Wednesday 13th of November from 1:30pm

DUNBEATH & DISTRICT CENTRE
COMMUNITY HEALTH & WELLBEING

Adult Oral Health
On Wednesday November 13th at 2pm

We welcome a visit from the highland oral health educator, here to deliver advice about tooth and gum health, plus the support available locally

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We have our usual monthly events.

- Bingo 6th of November at 7pm
- Whist 21st of November at 7pm

Both at £2 entry, anyone welcome.

Tea/Coffee, Bakes and a Raffle

Come along! We can't wait to see you all throughout the month

**DUNBEATH & DISTRICT CENTRE
COMMUNITY HEALTH & WELLBEING**

A visit from Wick Heritage
Wednesday 20th of November

Hear about some local heritage, see some goodies and perhaps a bit of uncovered film from Dunbeath

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Wick Heritage

We are excited to welcome along Wick Heritage, to talk about local heritage.

Bring along a goodie or two and perhaps look at film from a Dunbeath harbour day.

Wed 20th of November 1:30pm



Wick Voices

Coming into the end of the month, we welcome along Wick Voices who have put together a special presentation from the local area for us

This is happening on Friday the 29th of November at 1:30pm

**DUNBEATH & DISTRICT CENTRE
COMMUNITY HEALTH & WELLBEING**

Wick Voices
Friday 29th of November

A curated presentation for Dunbeath & District Centre, on voices from the Dunbeath and Lybster area

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Last Month - October

We had a full October, a drop-in session with Leona Geddes of the Highland Tenants association, the last of our Friday IT Classes, and a truly eye opening afternoon with Anne Budge of Mrs B's Caithness Honey which had us fully enraptured.



On the 23rd we went to Halkirk Heritage and Motor Museum before the end of their season, We had a good nosy around all the cars in trust to the museum including a set of bikes owned by a local man to Dunbeath.

Then we looked through at their other exhibit sections of school items and toys, their exhibit on living on the land containing farm tools, and then had a sit and coffee in the reading room.

We had a great afternoon out and were truly welcomed by the ladies.

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